



## YOUR BENEFITS AT A GLANCE

### Medical Coverage

**Blue Cross/Blue Shield HMO (Enhanced) Plan** Family: \$1026.11/month, Individual: \$383.50/mo.

### Dental Coverage

**Blue Cross / Blue Shield** Family: \$27.65/month, Individual: \$13.29/month

### Life Insurance

**Boston Mutual** \$10,000 policy, \$3.60/month Additional coverage available

### Vision Insurance

**EyeMed Vision Care** Individual: \$6.97/mo., Individual and spouse: \$13.25/mo.,  
Individual and children: \$13.95/mo., Family: \$20.50/mo.

### State Sponsored Retirement

Essex Regional Retirement System or Massachusetts Teachers' Retirement System

### Flexible Spending

**Sentinel Group** up to \$2,750 pre-tax for payment of non-covered medical expenses, or  
\$5,000 for dependent care expenses

### AFLAC, Colonial Life

100% employee sponsored additional life insurance/ accident/ loss of wage and more

### Deferred Compensation

100% employee sponsored Meet with various vendors for additional retirement planning. Ask the  
Treasurer Department for more details